



Coaching Swimmers with a Disability

Recognition of Current Competency (RCC)

APPLICATION KIT

Swimming Australia Ltd.

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SAL RCC Application Form

CSWD – Coach Extension Program

PART A – Personal Information

Name:

Association / Club / Other:

Position:

Address:

Post Code: _____

Phone: _____

Fax: _____

Mobile: _____

Email: _____

PART B – Experience Gained

This section will provide your assessors with an **overview** of the experience you have gained. *(In Part C you will be asked to focus on experience that relates to the learning outcomes of the SAL CSWD – Coach Extension Program and to present evidence of your experience).*

1. Practical Experience (if applicable)

Please complete the following in relation to your coaching experience.

Begin with your present role followed by the next most recent role, and so on (see over page).

Present Role:

Association / Club / Other:

Position:

Duties:

Previous Roles:

Association / Club / Other:

Position:

Duties:

Association / Club / Other:

Position:

Duties:

(If you can't fit all of your work in the spaces provided above, please insert extra sheets)

2. Education and Training

List any relevant education and training you have undertaken, including formal courses, adult education courses, etc.

Education / Training Program Name	Year Completed

(If you can't fit everything into the spaces provided above, please insert extra sheets)

3. Life Experience


List any other activities you have undertaken and/or are currently involved with, which have given you skills and knowledge with could be relevant to the SAL CSWD – Coach Extension Program (for example, inclusive sport coaching / leadership roles). Please use the table below.

Activity Description	Year

(If you can't fit everything into the spaces provided above, please insert extra sheets)

PART C – Modules Claimed

I intend to apply for RCC in the **SAL Coaching Swimmers with a Disability – Coach Extension Program**, in the following modules (please tick):

Modules	RCC Applied For 
Module One: SAL Disability Specific Events and Resources	
Module Two: Classification and the Rules	
Module Three: Disability Specific Coaching <i>Information</i> (Theory) Disability Specific Coaching <i>Skills</i> (Practical)	
Module Four: SWD Specific Communication Strategies	
Module Five: Programming for SWDs	
Module Six: The SWD Coach in Action	

PART D – Module Applications

This section contains separate tables for each module. Tables (contained on the following pages) are intended for use as both a self-assessment form and as a checklist to be included in your application. The completed Module Tables, *along with attached evidence (examples)*, will make up your portfolio for assessment.

Organising and Labeling Your Evidence

Please insert any evidence that you wish to submit after the applicable Module Application Form. This might include copies of certificates, evaluation reports, testimonial letters etc. This will form your portfolio of evidence.

For each item of evidence, you need to work out which of the learning outcomes it relates to. This should be indicated in the appropriate place on the Module Application Form, as well as on the evidence. Each evidence document should be numbered (i.e. 1, 2, 3 and so on). When completing the RCC Application Form, applicants should then place the number relating to each piece of evidence against the corresponding learning outcome (i.e. the learning outcome for which that piece of evidence is demonstrating the applicant's competence).

If you don't have primary evidence (certificates, letters, reports, etc) that you can submit to substantiate your claim, but consider that you could practically demonstrate your competence to assessors, please make a note to that effect.

PART E – Other Requirements to gain SAL Coach Licence Accreditation

1. Provide evidence of current ASCTA Coach Membership (attach a copy if you are already a coach member). If you are not a coach member, go to www.ascta.com to download the ASCTA Membership Registration. Complete the ASCTA Membership Registration and send with payment attached payable to ASCTA **as part of this application**.
2. Submit proof of an acceptable current nationwide police check (sometimes called a criminal history check or suitability for working with children check within the last three years). This could be an employer statement on letterhead, copy of your approval, "blue card"
3. Complete payment details on the attached tax invoice.

The RCC process may take up to 4 weeks to process.

You may be contacted by an Assessor/s as part of the review process should any clarification be required.

SAL CSWD – Coach Extension Program

RCC Module Application Form

(Please complete the form for **all Modules** that you wish to apply for RCC for).

Module 1

SAL Disability Specific Events and Resources

Learning Outcomes:

Summary of Evidence

Upon successful completion of this Module, the coach will be able to:

Follow the procedure below for all learning outcomes:

	<p>Place a number in this column that relates to the piece/s of evidence in your <i>Portfolio of Evidence</i> that is relevant to this learning outcome. For example, if you have evidence, which includes an inclusive coaching certificate from another sport and a reference / testimonial relating to your role as coach of athletes with a disability, you may have labeled these items 1 and 2. In this instance, write 1 and 2 in this column for each learning outcome they relate to. This allows the assessors to check your evidence against the relevant learning outcome.</p>
<p>Learning Outcome 1: Identify competition pathways and opportunities for SWDs</p>	
<p>Learning Outcome 2: Empower swimmers with a disability to make informed decisions regarding their participation in all aspects of swimming</p>	
<p>Learning Outcome 3: Identify and access support services and information available for SWDs, and coaches of SWDs</p>	
<p>Learning Outcome 4: Identify strategies to keep abreast with the changes (e.g. rule modifications, changes to classification systems, the combining of classes, MD placings, etc.) that can occur in competition</p>	
<p>Learning Outcome 5: Understand the mechanism for determining an exemption for the use of banned drugs if required for a SWD to participate in a MD competition</p>	

Module 2

Classification and the Rules

Learning Outcomes:	Summary of Evidence
Learning Outcome 1: Describe the method used to classify SWDs	
Learning Outcome 2: Demonstrate an understanding of the SAL / FINA SWD Swimming Rules and be able to access additional information as required	
Learning Outcome 3: Explain the exceptions to the FINA Swimming Rules for SWDs	

Module 3

Disability Specific Coaching Information and Skills

Learning Outcomes:	Summary of Evidence
Learning Outcome 1: Identify and cater for the major safety considerations across a number of disability areas when coaching SWDs	
Learning Outcome 2: Identify the major medical and coaching considerations that are most relevant to each of the major disability groups	
Learning Outcome 3: Identify the characteristics of various disabilities	
Learning Outcome 4: Identify the major conditioning implications appropriate to each of the major disability groups when coaching SWDs	

Module 4

Swimmers with a Disability Specific Communication Strategies

Learning Outcomes:	Summary of Evidence
Learning Outcome 1: Demonstrate the use of appropriate SWD terminology	
Learning Outcome 2: Demonstrate appropriate communication styles for swimmers with a disability in an aquatic environment ensuring a mutual understanding is attained	
Learning Outcome 3: Identify potential coach - athlete inhibition and employ strategies to minimise this	
Learning Outcome 4: Act as a resource to relevant stakeholders (parents & support group) and communicate effectively with all groups	

Module 5

Programming for Swimmers with a Disability

Learning Outcomes:	Summary of Evidence
Learning Outcome 1: Identify barriers to participation for SWDs	
Learning Outcome 2: Manage a swimming program to ensure successful integration of SWDs and monitor the impact of this integration on the squad	
Learning Outcome 3: Provide appropriate care for swimmers in training and competition	
Learning Outcome 4: Utilise available time & pool space with SWDs in a home program	

Learning Outcomes:	Summary of Evidence
Learning Outcome 5: Make relevant modifications to skill development drills / activities to meet the needs of SWDs	
Learning Outcome 6: Demonstrate innovation in stroke and technique improvement with SWDs	
Learning Outcome 7: Plan for the implementation of appropriate Injury prevention and risk management strategies for SWDs	

Module 6	The Swimmers with a Disability Coach in Action
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Learning Outcomes:	Summary of Evidence
Learning Outcome 1: Identify the characteristics of various disabilities	
Learning Outcome 2: Make relevant modifications to skill development drills / activities to meet the needs of SWDs	
Learning Outcome 3: Demonstrate the use of appropriate terminology	
Learning Outcome 4: Demonstrate appropriate communication styles for swimmers with a disability in an aquatic environment ensuring a mutual understanding is attained	
Learning Outcome 5: Provide appropriate care for SWDs in training and competition	
Learning Outcome 6: Utilise available time & pool space with SWDs in a home program	

Learning Outcomes:	Summary of Evidence
Learning Outcome 7: Effectively coach a SWD	
Learning Outcome 8: Utilise available time and pool space with SWDs in a home program	

