



Australian Swimming
Coaches & Teachers
Association

Recognition of Current Competency (RCC)

**Junior Squad & Assistant
Coach**

All RCC applications are
administered via SwimEd



Junior Squad & Assistant Coach Accreditation Application

If you require assistance completing this form please contact us on the details listed in the application covering letter.

PART A – Personal Information

Name: _____

Swim club/team: _____

Position: _____

Postal Address: _____

City: _____ State: _____ Postcode: _____

Phone: _____ Fax: _____

Mobile: _____ Date of Birth ____/____/____
(applicants should be a minimum of 17 years of age)

Email: _____

Are you Aboriginal or Torres Strait Islander? Yes No

PART B – Experience Gained

This section will provide your assessor/s with an overview of the experience you have gained. In Part C you will be asked to focus in on experience that relates to the learning outcomes of the Green Coaching Course and to present evidence of your experience.

1. Work experience (if applicable)

Please complete the following in relation to your work experience, either full-time or part-time, including any voluntary or unpaid work.

Begin with your present position followed by the next most recent job and so on.

Present work: _____ *From* ____/____/____

Present employer: _____

Current position: _____

Duties:

Previous work: _____ *From* ____/____/____ *to* ____/____/____

Name of employer: _____

Your position: _____

Duties:

(Please provide extra sheets if the space provided is insufficient)

PART C – Modules Claimed

I intend to apply for RCC in the following units of the Junior Squad & Assistant Coach Accreditation Course:

Unit:	RCC Claimed (please tick)
Unit One: Swimming in Australia	
Unit Two: Being an Effective Swimming Coach	
Unit Three: Learning Swimming Skills	
Unit Four: Mechanics of Swimming	
Unit Five: Developing the Competitive Strokes	

PART D – Unit Applications

This section contains separate applications for each unit. The applications are intended for use as both a self-assessment tool and as a cover page(s) for the required evidence.

The completed unit applications as outlined below, **with attached evidence** will make up your portfolio of assessment.

Organising and labelling evidence

Please insert any evidence that you wish to submit after the applicable unit application.

For each item of evidence, you need to work out which of the learning outcomes it relates to. This should be indicated in the appropriate place on the module application, as well as on the evidence.

For some items of evidence it may be appropriate to indicate which part of the item is relevant to which learning outcome. Make sure that you have clear references in each of your applications to any relevant evidence (see unit application form over the page), so that assessors can easily locate it.

If you don't have primary evidence (certificates, letters, examples of sessions etc) that you can submit to substantiate your claim, but consider that you could demonstrate your competence to assessors, please make a note to that effect.

ascta Junior Squad & Assistant Coach

RCC UNIT APPLICATION

(Please complete Applications for **all units** that you have outlined you are applying for RCC for).

Unit 1 Learning Outcomes:	Swimming in Australia Summary of evidence provided
Upon successful completion of this unit, the coach will be able to:	<i>Follow the procedure below for all learning outcomes</i>
	<p>Place a number in this column that relates to the piece(s) of evidence relevant to this learning outcome.</p> <p>For example, if you have gathered evidence, which includes a Level 2 NCAS qualification in another sport and a sports coaching degree, you may have labelled them items 1 and 3. In this instance, write 1 and 3 in this column to allow the assessors to check this evidence against the learning outcome.</p>
<p>Learning Outcome 1:</p> <p>Identify the key organisations involved in swimming in Australia.</p> <p>SAL</p> <p>ASCTA</p> <p>Your local State Swimming Association</p> <p>NCAS</p> <p>ASADA</p> <p>NSIC</p> <p>ASC</p>	
<p>Learning Outcome 2:</p> <p>Acknowledge and access the education and training programs for swimming teachers and coaches</p>	

Unit 2	Being an Effective Swimming Coach
Learning Outcomes:	Summary of evidence provided
Learning Outcome 1: Develop a series of training sessions that identify sound planning strategies for each of the four competitive strokes	
Learning Outcome 2: Identify all aspects of the SAL Codes of Conduct and adhere to the SAL member protection policy (MPP)	
Learning Outcome 3: Implement basic risk management and injury prevention measures whilst coaching swimmers	
Learning Outcome 4: Ensure effective use of communication strategies in a swimming squad environment	

Unit 3	Learning Swimming Skills
Learning Outcomes:	Summary of evidence provided
Learning Outcome 1: Teach the swimming strokes, starts and turns, by utilising the key factors that influence the learning of swimming strokes	
Learning Outcome 2: Implement skill acquisition strategies in the conduct of coaching sessions	

Unit 4	Mechanics of Swimming
Learning Outcomes	Summary of evidence provided
Learning Outcome 1: Implement the basic mechanical principles of resistance and propulsion when conducting stroke development sessions	

Unit 5	Developing the Competitive Swimming Strokes
Learning outcomes:	Summary of evidence provided
Learning Outcome 1: Implement stroke development programs, including starts, turns and finishes	

PART E – Other Requirements to gain ascta Junior Squad & Assistant Coach Accreditation

1. Provide evidence of current **ascta** membership.

If you are not a member go to www.ascta.com to download the **ascta** Membership Registration.

Send the membership application with payment attached payable to **ascta** (details on the registration) with your RCC application to SwimEd.

2. Submit proof of an acceptable current nationwide police check (within the last three years).
3. Complete payment details on the attached tax invoice.

The RCC process may take up to 4 weeks to process.

You may be contacted by an Assessor/s as part of the review process should any clarification be required.

